

Youth Health in Primary Care

Code: 585-897

Title of Subject: Youth Health in Primary Care

Credit Points: 12.5

Semester Offered: Semester 1

Mode of Delivery: Distance

Level: Postgraduate

Coordinator: Dr Lena Sancu

Prerequisites and/or Co-requisites: Nil

Estimated time commitment: 124 hours (includes reading course materials, all activities, assessment and workshop attendance)

Description:

This subject will provide a theoretical framework for understanding young people's development and their health needs, health risk screening and assessment and brief intervention strategies for mild health risk behaviour. The linkage role of the practice nurse will also be covered including multidisciplinary care of high-risk youth with other local youth agencies. Medicolegal aspects of care with younger adolescents and helping the general practice be youth friendly will also be covered along with strategies for communicating with parents and adolescents.

Learning Objectives:

On completion of this subject students should be able to:

- Understand the developmental perspective of young people
- Understand the major health issues facing youth today
- Communicate effectively with young people including about their health service rights such as confidentiality
- Conduct a psychosocial health risk screen of young people and assess risk status. Provide relevant brief intervention or referral plans for more complex problems.

Generic Skills:

- To enhance critical thinking skills
- To further enhance clinical skills
- To further develop written and oral communication skills

Prescribed Texts: None

Assessment:

- 1 Patient interview 20 minutes due mid semester (50%)
- 2 Audit of health risk screening with 10 young people and reflections due end of semester (50%)
- 3 Attendance at compulsory communication skills workshop (Pass/fail hurdle requirement)