

Management of Common Chronic Conditions

Code: 585-894

Title of the Subject: Management of Common Chronic Conditions

Credit Points: 12.5

Semester Offered: Semester 2

Mode of Delivery: Distance

Level: Postgraduate

Coordinator: Assoc Prof Kelsey Hegarty

Prerequisites and/or Co-requisites: Nil

Estimated time commitment: 120 hours (includes reading course materials, all activities and assessment)

Description:

This subject focuses on the role of the primary care nurse in the management of individuals with asthma, chronic obstructive airways disease, hypertension and ischemic heart disease. The course content includes the pathophysiology of these common conditions related to evidence based management principles and conducting health assessments. Strategies to involve patients in educational activities and the development of their management plans will be explored.

Learning Objectives:

On completion of this subject students should be able to:

- Understand the pathophysiology of asthma, chronic obstructive airways disease, hypertension and ischemic heart disease
- Describe the current management guidelines for these conditions
- Describe appropriate health assessment relevant to the patient's chronic condition and the nurse's scope of practice
- Contribute to a multidisciplinary team approach to care for individuals with common chronic diseases
- Establish and maintain good linkages with community resources and services
- Provide effective education and support in the management of common chronic diseases

Generic Skills:

- To further enhance oral and written skills
- To further enhance clinical skills
- To enhance skills in effective teamwork

Prescribed Texts: None

Assessment:

- 1 Two 1,500-word case studies due mid-semester (60%)
- 2 Resource folio equivalent to 1,000 words due end of semester (40%)